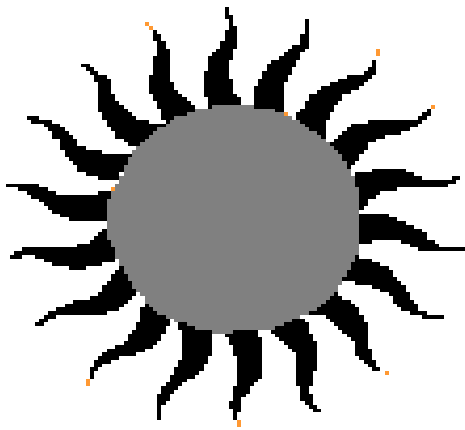


RAY OF HOPE PROGRAM _ AND MONTHLY RECIPIENT



From left to right: Dorothy Mitchell, Laser Skin Care Solutions; Sophie London, RAY Recipient; Jon Mattleman, Director, Needham Youth Commission

November Recipient – Sophie London

Sophie London is a sophomore at Needham High School. Sophie sings, plays violin and guitar, and composes. She is a member of the NHS after-school Concert Chorale and participated in the MMEA Junior District Music Festival. Sophie is the youngest member of the Wellesley Symphony Orchestra, where she plays violin in their series of classical and pops programs. Sophie sings and plays guitar in a band through the non-profit organization Plugged In, and serves on its Student Board. Sophie regularly performs original music at community events such as Plugged In benefits, the Needham Harvest and Spring Fairs, Fourth of July parade, and the New Year's Eve Celebration. Her compositions have been recorded for CD's benefiting the Cystic Fibrosis Foundation, the CJ Foundation for SIDS, and the Juvenile Diabetes Research Foundation. Sophie won third place in this year's NHS Battle of the Bands. In addition to music, Sophie is interested in global awareness; she traveled to Japan on the Pollard exchange program and now volunteers with the Showa Academy in Jamaica Plain, helping Japanese students adjust to life abroad. Sophie will travel next summer to France to participate in another student exchange trip. She is on the NHS Speech and Debate Team and serves as the team's Pollard Outreach Coordinator. Sophie serves on the Needham Coalition for Suicide Prevention and the NHS Stress Reduction Committee. For fun, Sophie enjoys songwriting and playing guitar at home with her family band that includes younger brothers Adam, who plays bass, and Henry, who plays drums.

Needham Youth Commission Representative - Jon Mattleman

Jon is the Director of the Needham Youth Commission, and a firm believer in the ability of youth to contribute to the larger community. He envisions this program as one in which to highlight the positive actions of the young people of Needham.

Needham Business Association Representative – Dorothy Mitchell, RN, MSN

Dorothy C. Mitchell, RN, MSN is the owner of LASER SKIN CARE SOLUTIONS, a well established full service laser and skin care center, offering services for men, women and teens. She has had experience using lasers for the last 14 years and is certified in a variety of skin care facial procedures, administration of Botox and Restylane. She has trained hundreds of physicians on the use of lasers and other devices. Her center provides laser treatments for the removal of hair, sun spots and pigmented spots, blood vessels, scars, stretch marks, psoriasis, active acne and acne scars.

NEEDHAM YOUTH COMMISSION

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